

# Project Impact Report

DUE Tuesday, September 1

Project Title: The Hip Hop Workshop

Project Leader(s): James Koga, Nathan Solomon

Numbers Reached From your project:

- Direct Impact: 148
  - The adults and kids who participated in our workshops at ASPIRE Creative Arts Program and The Orange County Rescue Mission
  - The people who submitted a poem in the poetry competition
  - Our volunteers for the Orange County Rescue Mission
  - Our participants in our Bedtime Rap Series
  
- Indirect Impact: 25,384
  - Views on Instagram promotion of The Hip Hop Workshop poetry competition
  - Followers on Instagram
  - Total visits on website

# of Volunteers: 5    # of Lessons: 9    Total Instructional Hours: 13 hours

## Social Impact:

Describe how your project positively impacted members of the community who are underserved or lacking access. *max. 200 words*

We co-wrote rap songs with students at ASPIRE Arts, who were adults with intellectual disabilities. An ASPIRE music therapist said "It meant more than you know to hear each student's individual song...on the outside it might look like a student is just repeating a phrase after you, but on the inside it is a huge leap for someone who might be self-conscious about speaking or uncomfortable in groups."

We ran an in-person workshop with the OC Rescue Mission, a mission that provides housing

and rehabilitation for homeless families. The four boys who wrote rap lyrics for the first time increased their confidence in expressing themselves through writing by an average of 75%. For the two boys that finished recording their songs, they were getting praise from all their friends (not involved in our project).

Our poetry competition affected many marginalized groups in society: African American women, LGBTQ persons of color, the homeless, and people with mental illnesses. One person said that their poem "helped face and process emotions that [he] felt, but couldn't really understand. It was a bandaid on trauma and other issues that had been embedded in [him] since childhood. This was the first step to self-growth."

#### Survey Statistics:

Create an infographic to highlight your best data from this project.

*You may use additional pages for this part of the report.*