## Project Impact Report

DUE Tuesday, September 1

Project Title: Confidence Boost

Project Leader(s): Alex Padilla and Isabelle Vazquez

Numbers Reached From your project:

- Direct Impact: 24
  - Briefly list what qualifies as a direct impact participant for your project:
    - Girls that participated in our camp
    - Volunteers (Ours and those provided by OCRM)
    - Self Defense Teacher and Aids
    - Outside Participants we brought in
- Indirect Impact: 544
  - Briefly list what qualifies as an indirect impact participant for your project:
    - Those that follow our social media account
    - Families of the participants
    - People who viewed our article on the She Persists Page

# of Volunteers: 4 # of Lessons: 5 Total Instructional Hours: 15

Social Impact:

Describe how your project positively impacted members of the community who are underserved or lacking access. *max. 200 words* 

Our project, Confidence Boost, focuses on empowering young girls living in transitional housing. Thousands of girls struggle with confidence growing up, not knowing their self worth. Through this fellowship project, we wanted to shift the conversation towards a conversation where girls celebrate their unique qualities and recognize their worth. Some of the activities we do with the girls to reinforce this idea include vision boards, life goals, role models, and a self defense class. Each of these activities has a purpose from changing the stigma behind comparison to goal setting to see the future in a positive light. For the majority of our camp we talked about inner beauty which is the most important, however, we acknowledge that a girl's appearance is important to her and the way she carries herself is how the world will view her. To address this point, we had a final day of camp where we provided the girls with a clothing trailer to choose pieces from and activities such as hair chalking, nail painting, and hair braiding. Through amazing partnerships, all of this was expense free for the girls and was an experience that they may not often get to have.

Survey Statistics: Soon to be included..

Create an infographic to highlight your best data from this project.